

North Liberty Aquatic Center Pool Rules

The rules for the North Liberty Aquatic Center have been established for the safety of our guests at the facility. By enforcing rules, we hope to provide the best swimming experience for everyone using the pool. Please respect both the rules and staff.

General Rules:

- No rough play, pushing others, dunking, riding sitting or throwing off shoulders or hands, fighting will result in immediate removal from facility
- Do not swim without a lifeguard on surveillance
- Always walk on deck and in zero entry areas
- No glass on pool deck or around pool area (except prescription eye wear)
- Cell phones are not allowed in the pool.
- No diving in shallow water, only designated areas of the pool
- Children below 6th grade must be accompanied by a responsible adult 16 years of age or older. Children 6th grade (11-12) and older may use the facility alone
- Group Supervision Ratios:
 - Infants to toddlers (0-3): 4 children to 1 adult within arm's reach
 - Preschoolers (4-5): 5 children to 1 adult within arm's reach
 - Grade School Age (6+): 10 children to 1 adult in close proximity
- Regulation bathing suit is required, street clothes, cutoff jeans and thong suits are not allowed
- Clothing and towels with logos or words representing nudity, profanity or inappropriate designs/slogans are prohibited
- Swim diapers are required (available in concession stand for purchase during outdoor months)
- Coast guard approved life jackets and noodles are the only flotation devices allowed (built in flotation swimsuits, water wings, rafts, etc. are not allowed)
- A light-colored t-shirt is allowed for sun protection in areas less than 5 ft. with swim attire underneath, no t-shirts in deep end or waterslide (outdoor pool only)
- All patrons must pay or present pool pass prior to entering the pool area regardless of intent to swim
- No refunds given for any type of pool closing
- Outdoor pool will close for lightning and inclement weather, indoor will remain open unless sirens sound
- Outdoor temperature must be 68 degrees to open outdoor pool, 1 hour prior to open time, if it is too cold, pool staff will re-evaluate at 4:00pm
- We reserve the right to close the pool if there are less than 10 patron's swimming for an hour and no new patron's come in (outdoor pool only)
- Kickboards and pull buoys are for lap swim only
- Diving blocks are for competition, only to be used under supervision of a NLAC instructor
- During designated lap swim time no other activity will take place in lap lanes, to lap swim:
 - Individuals must be 17 years of age
 - Under 17 years of age, individuals can swim without a parent/guardian in the lane if they are able to continuously swim a 300 (12 laps)
 - Under 17 years of age, individuals may lap swim with a parent/guardian present in lane with them if they can pass the deep end swim test (*please see pool staff to take deep end test*)
- City of North Liberty not responsible for stolen items, lock up valuables

- Lost articles may not be retrievable
- Concession items must be consumed in concession area or in grassy area
- Video and camera equipment are prohibited in locker rooms, ask a staff member before using around pool
- Smoking is not prohibited on city property
- Private lesson instruction from non-city employees is prohibited
- All chairs must remain behind the gutter line, they cannot enter the water
- Do not sit on pool inlets in shallow end

Diving Board Rules:

- To use deep-water areas or diving boards, children must demonstrate the ability to swim two widths of the pool using the front crawl stroke in good form with face in water and rotary breathing. Lifeguards reserve the right to test any person when deemed necessary for the personal safety of the swimmer. Children may be tested more than one time. If a child has passed the test on a previous visit or earlier in the day, they may be asked to repeat the test any time during the day, or next visit. Deep end tests will be performed in the deep end of the indoor pool by down guards. **ANY child under the age of 13 will be required to take a deep end test or those with poor swimming skills.**
- Dive straight off end of board
- Cartwheels, gainers, and non-standard/inward dives are not permitted
- The lifeguards reserve the right to prohibit any individual from performing a dive they feel might endanger themselves or others
- Individuals may not catch children jumping from board
- Flotation devices or goggles are not permitted when going off the diving board
- Swim directly to the appropriate ladder to exit pool. DO NOT swim through lap lanes
- One person at a time on boards. Those waiting to use boards must have their feet on the deck until the previous diver exits the pool
- Restrict your approach to one bounce on board
- The fulcrums are locked in place for the safety of the diver. Do not attempt to move fulcrums.
- Do NOT hang on the side of the boards
- Do NOT attempt to throw toys or other items to a patron going off the board

Play Structure Rules:

- No one over 48 inches
- Direct caregiver supervision required
- Enter feature from steps not up slides
- No running on or around the water play structure
- No head first sliding down the slide
- No climbing and hanging on sides of play structure
- One rider down the slides at a time. NO double riding is allowed (including parents with toddlers)
- Caregivers may catch a child at the bottom of the slide if they are not in the way of other users or are asked to move aside by a lifeguard

Snake Rules:

- No lifting snake
- No shoving/pushing/rough play on snake or pushing off snake
- No sinking head of snake
- No diving over snake
- No standing on or jumping off snake

Waterslide Rules:

- Follow lifeguard instructions
- All users MUST be 48 inches tall per slide manufacturer
- Riders must always lie on their backs. Sitting up while riding slides is not permitted
- Maximum rider weight is 300 pounds
- Do NOT pull or propel yourself into the ride
- No combs or foreign objects are allowed in pockets. No jewelry can be worn that would scratch slides. Swim attire with rivets, buckles, or exposed metal are not permitted on slides, only approved swim suits are allowed
- Riders must enter slides in a sitting position and wait for instructions from lifeguard
- Riders must ride feet first while lying on their back with arms across their chest
- Only one rider at a time. Absolutely NO trains or chain of riders
- No tubes, mats, or lifejackets are permitted on water slides
- Riders must be in good health. Individuals with medical conditions including but not limited to pregnancy, heart attack or back problems should not use slides
- Do not use slides while under the influence of alcohol or drugs
- No running, standing, kneeling, rotating, tumbling or stopping in slides, arms and hands must remain in slides
- No diving from slides
- Leave plunge pool promptly after entering
- Non-swimmers are not allowed in plunge pool
- WARNING, Water depth is 3 feet 6 inches

The following are prohibited:

Glass in pool area	Snorkel Mask Goggles
Playpens	Coolers and outside food
Weight Belts	Hard balls (football, tennis, racquet)
Scuba Tanks	Flotation devices (rafts, water wings, only coastguard approved allowed)
Regular Diapers in pool	Water guns/Squirt guns
Running	Profane/offensive language
Smoking/Vaping	Street clothes, thong swimsuits
Gum	

Please note additional rules may be implemented as deemed necessary for proper operation of the facility and protection, health and safety of all patrons. Reasons for more pool rules may be the result of busy days, special camps, pool rentals or problems with the pool.

WARNING: Failure to follow the above rules can result in serious injury. Those found disobeying the posted rules may be removed from the pools without refund.